

Full Tilt

DERVLA MURPHY

READ BY EMMA LOWE

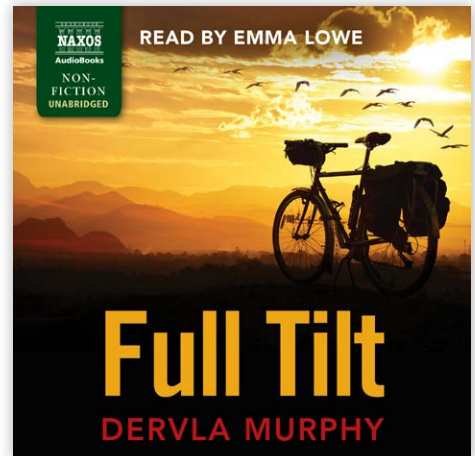
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Full Tilt is the inspiring true story of Dervla Murphy's 1963 journey from Ireland to India on an Armstrong Cadet bicycle, and the trials, landscapes and cultures she encountered along the way. The route takes her through the valleys and snowy mountain passes of Europe and India to the scorching deserts of Afghanistan and Pakistan, where the metal of her bicycle, Rozinante (named after Don Quixote's steed), becomes too hot to touch. She travels alone, without luxuries, sleeping on the floors of teahouses or on blankets outdoors, vulnerable to wild animals, insects and thieves. However, she is often met with generosity and kindness, and shares many meaningful encounters with the locals. Her portrayal here gives a fascinating insight into the unique communities of the Middle East in the early 1960s.



Emma Lowe has recorded many audiobooks, as well as numerous radio short stories and dramas, and television and radio advertisements. Her film and television credits include the Oscar-nominated *Brooklyn*, Countess Markievicz in *Seven Women* (Tile Films/RTE), *Foyle's War* (ITV), *Fair City* (RTE), *The Clinic* (RTE), *Random Passage* (RTE/CBC) and *Aristocrats* (BBC). Her stage work extends from Shakespeare's *Hamlet* (Smock Alley) and *Comedy of Errors* (Rosemary Branch), to Don DeLillo's *Valparaiso* (The Crypt) and Irvine Welsh's *Trainspotting* (Project Arts Centre/National Tour).



Total running time: 9:32:22

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1	Full Tilt	9:07	28	Saidu Shariff, 19 May	12:20
2	Introduction to the Journey	11:29	29	Saidu Shariff, 21 May	5:27
3	'I now broached the subject of accommodation...'	10:24	30	Chapter 9: Sweating out of Swat	9:04
4	'The next morning was overcast...'	11:23	31	Rawalpindi, 25 May	12:18
5	'On leaving the Bulgarian frontier-post...'	10:27	32	Muzaffarabad, 29 May	10:05
6	Chapter 1: The Elusive Visa	13:23	33	Pindi, 1 June	10:16
7	Chapter 2: Hospitality of the Police	10:30	34	Chapter 10: Scraping through the Himalayas	13:54
8	Shahrud, 2 April	10:59	35	Gilgit, 5 June	6:33
9	Nishapur, 5 April	12:11	36	Gulapur, 6 June	11:08
10	Tieabad, 8 April	15:04	37	Chapter 11: From One Saddle to Another	14:03
11	Chapter 3: Compulsory Bus Rides	13:00	38	Gupis, 9 June	8:39
12	Robat, 11 April	8:47	39	Sher Quila Rakaposhi, 11 June	10:45
13	'I won't go into all the harrowing details...'	8:09	40	Sher Quila Rakaposhi, 12 June	11:12
14	Kalat-e-Ghizlot, 14 April	9:55	41	Sher Quila Rakaposhi, 13 June	9:21
15	Ghazni, 16 April	6:31	42	Chapter 12: Duel with the Sun	12:34
16	Chapter 4: Misadventure with a Rifle-butt	9:11	43	Chilas, 17 June	9:23
17	Qu'lah Doab, 21 April	9:37	44	Babusar Hut, 19 June	15:14
18	Bamian, 22 April	11:35	45	Chapter 13: Two Wheels over Nine Glaciers	9:59
19	Bamian, 23 April	13:24	46	'I was now almost paralysed by the cold...'	10:08
20	Chapter 5: The Oddities of Afghan Trucks	11:08	47	Butikundi, 22 June	13:15
21	Doshi, 26 April	9:07	48	Kagan, 24 June	9:16
22	Chapter 6: A Medical Break	10:54	49	Chapter 14: Running Repairs	12:23
23	...3 May	12:25	50	Rawalpindi, 30 June	14:12
24	Kabul, 9 May	9:51	51	Chapter 15: Out of the Saddle	7:25
25	Chapter 7: Anticlimax	9:20	52	Sirhind, 6 July	10:15
26	Peshawar, 13 May	15:22	53	New Delhi, 7 and 8 July	7:44
27	Chapter 8: Welcome at the Waliahad	9:44	54	List of Kit	2:24

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