

THE INTERIOR CASTLE

ST TERESA OF ÁVILA

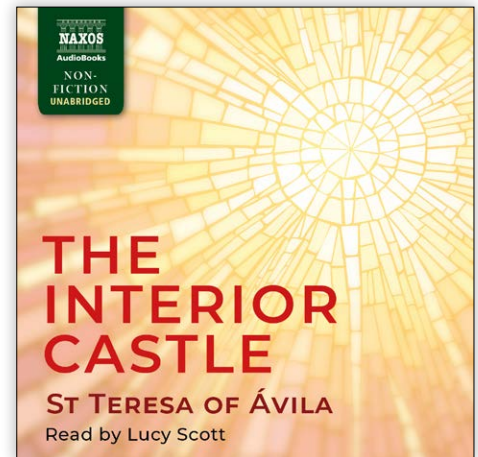
Read by Lucy Scott

NAXOS
AudioBooks
NON-FICTION
UNABRIDGED

In *The Interior Castle*, Carmelite nun, mystic and patron saint of Spain Teresa of Ávila uses the metaphor of a giant crystal castle to explain her theory of the soul and the various stages it passes through as it progresses towards God. Beginning in the outer rooms, where demons are fought and vices are purged, the soul must reach the inner chambers, where it will enter betrothal and intimate union with God. Prayer is central to the journey, as the soul is guided by its practice and each phase represents a different category of devotion. Originally written as counsel for the sisters in her convent, *The Interior Castle* is a poignant and poetic reflection on prayer, humility and self-knowledge, and the path towards a deeper communion with God.



Lucy Scott trained at the Royal Central School of Speech and Drama. Her stage credits include *Emma* (Tricycle Theatre), *Search and Destroy* (New End Theatre) and *Mansfield Park* (Chichester Festival). Her television credits include *Pride and Prejudice* (BBC), *Rosemary and Thyme* (ITV) and *Spooks* (BBC). She also appeared in the film *Tom Brown's Schooldays* with Stephen Fry. She has narrated many audiobooks and has been acclaimed for her role in the Naxos AudioBooks production of *Clarissa*.



Total running time: 6:19:03

View our full range of titles at n-ab.com

1	The Interior Castle	3:37	21	Chapter 3	8:05
2	The First Mansions	10:06	22	Despite all these difficulties and although...	10:35
3	Alas, my daughters, what loss the devil...	11:17	23	Chapter 4	8:03
4	Chapter 2	9:05	24	Something of this sort occurs when the spirit...	8:25
5	The Second Mansions	9:04	25	Chapter 5	11:03
6	What a farce it is! Here are we...	6:37	26	Chapter 6	13:37
7	The Third Mansions	11:56	27	Chapter 7	8:42
8	Chapter 2	14:13	28	In my opinion we ought during our...	8:34
9	The Fourth Mansions	15:04	29	Chapter 8	12:18
10	Chapter 2	10:19	30	Chapter 9	7:20
11	Chapter 3	8:24	31	The soul for some time afterwards possesses...	9:40
12	In my opinion, when God chooses...	9:42	32	Chapter 10	6:56
13	The Fifth Mansions	14:16	33	Chapter 11	5:48
14	Chapter 2	8:16	34	Alas, O Lord, to what a state dost Thou...	6:20
15	I seem to have enlarged on this subject...	7:23	35	The Seventh Mansions	11:05
16	Chapter 3	13:06	36	Chapter 2	11:47
17	Chapter 4	11:17	37	Chapter 3	12:12
18	The Sixth Mansions	7:46	38	Chapter 4	6:27
19	Now to speak of other trials and illnesses...	9:29	39	Do you know what it is to be truly spiritual?	8:58
20	Chapter 2	8:56	40	Epilogue	3:15

Translated by the Benedictines of Stanbrook Abbey

Recorded at SNK Studios, London. Produced by John Foley. Edited and mastered by Andrew Riches. Executive Producer: Samuel Howard

© 2019 Naxos AudioBooks. Artwork © 2019 Naxos AudioBooks

Booklet and cover design: Hannah Whale, Fruition – Creative Concepts, using an image from shutterstock

ALL RIGHTS RESERVED. UNAUTHORISED PUBLIC PERFORMANCE, BROADCASTING AND COPYING OF THIS RECORDING PROHIBITED

Total running time: 6:19:03

Catalogue no.: NA0405

ISBN: 978-1-78198-254-9