

The Interior Castle

By St Teresa of Ávila

Unabridged

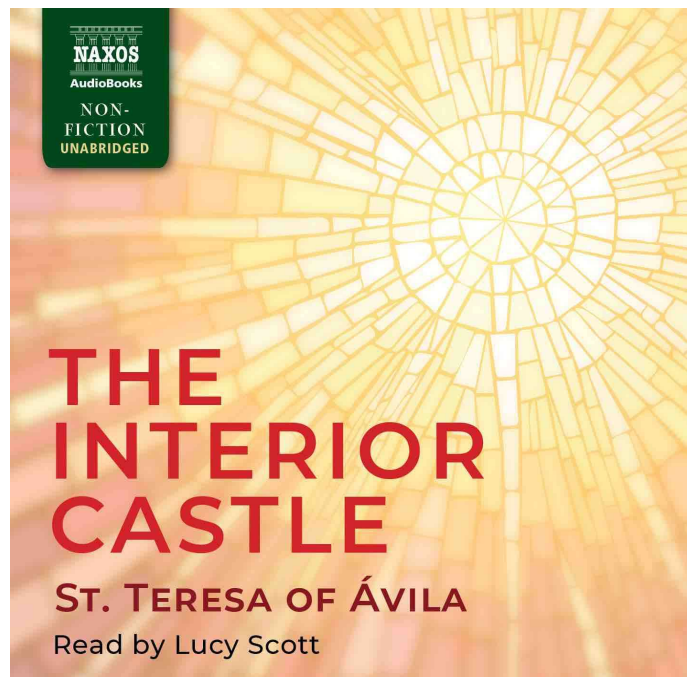
Read by Lucy Scott

DESCRIPTION

In *The Interior Castle*, Carmelite nun, mystic and patron saint of Spain Teresa of Ávila uses the metaphor of a giant crystal castle to explain her theory of the soul and the various stages it passes through as it progresses towards God. Beginning in the outer rooms, where demons are fought and vices are purged, the soul must reach the inner chambers, where it will enter betrothal and intimate union with God. Prayer is central to the journey, as the soul is guided by its practice and each phase represents a different category of devotion. Originally written as counsel for the sisters in her convent, *The Interior Castle* is a poignant and poetic reflection on prayer, humility and self-knowledge, and the path toward a deeper communion with God.

SALES AND MARKETING POINTS

- Lucy Scott gives a clear and absorbing reading, aiding the listener in their understanding of the text.
- Essential listening for Christians and anyone interested in Christian theology.
- *Revelations of Divine Love*, *The Confessions of St Augustine*, *The Old Testament*, *The New Testament* and *The Story of the Bible* are also available on Naxos AudioBooks.



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